



DATE- 03.1.2026

CIRCULAR

This is to inform all the respected faculties that DEPARTMENT OF PHYSIOLOGY AND BIOCHEMISTRY is organising an EXPERT LECTURE as a part of departmental co-curricular activity for 1st Year BHMS students (A.Y. 2024-2025)

TOPIC OF THE SESSION WILL BE – APPLIED PHYSIOLOGY OF MENSTRUAL CYCLE.

NAME OF THE SPEAKER – Dr. SHIVANI PARIKH

All faculty members are cordially invited to attend the same as per your convenience and make the event a success by your gracious presence.

Date & time: 5-1-2026, 02:00 PM to 03:00 PM

Venue: Room No. 207, Lecture Hall, 1st floor, PIHR

H.O.D.



H.O.I

Principal
Parul Institute of
Homoeopathy & Research
Iswarpura, Limda, Vadodara-391760

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**PARUL INSTITUTE OF
HOMOEOPATHY & RESEARCH
DEPARTMENT OF PHYSIOLOGY
AND BIOCHEMISTRY
EXPERT LECTURE**

TOPIC:

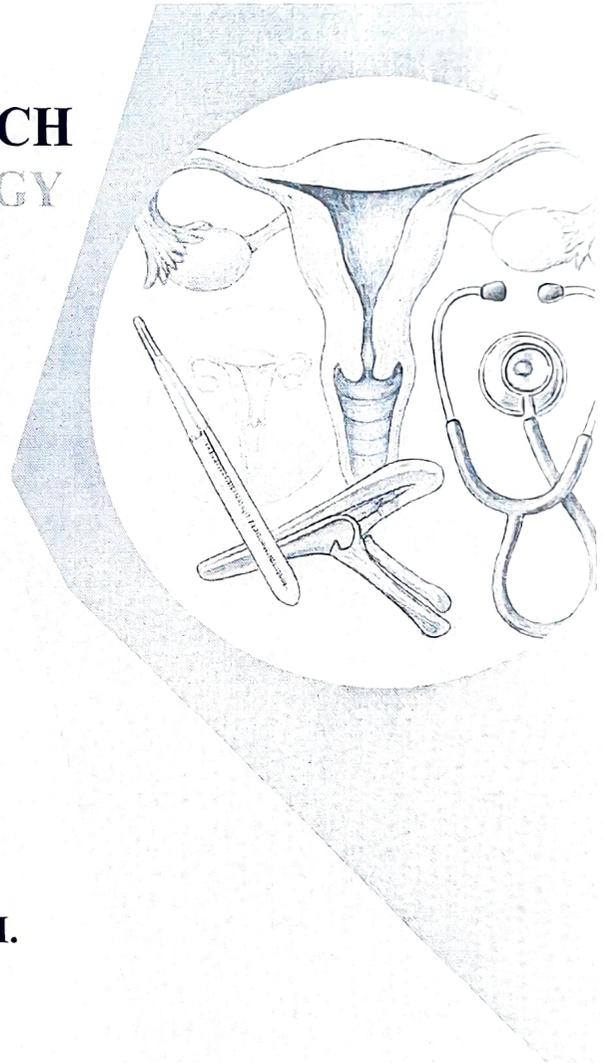
***APPLIED PHYSIOLOGY OF
MENSTRUAL CYCLE***

SPEAKER:

• **Dr SHIVANI PARIKH**

Date: 05-01-2026 Time: 02 P.M. -03 P.M.

Venue: Room no. 207,PIHR



Activity Report

INSTITUTE	Parul Institute of Homoeopathy and Research		
DEPARTMENT	Physiology and Biochemistry		
ACTIVITY TYPE	EXPERT LECTURE		
DATE	05/01/2026	Duration	2:00 PM TO 3:00 PM
YEAR/CLASS	FIRST BHMS	No. of Participants	68
RESOURCEPERSON	Dr.POONAM GOPANKRISHNAN		
DESIGNATION	Professor,Parul Institute of Homoeopathy& Research		
CONTACTDETAILS	9824447602,poonam.gopalkrishnan@paruluniversity.ac.in		

Details about the activity: As a regular co-curricular activity EXPERT LECTURE was organized by the department of Physiology and biochemistry, PIHR for first year (2024-2025 batch) on the date 05/01/2026.

Welcome and introduction of expert. Dr. Shivani Parikh was done by Dr. Poonam Gopalkrishnan, later after there was a motivational speech on occasion given by Dr. Ankur Desai.

Dr.Shivani Parikh shared her best of best knowledge regarding applied aspect Menstrual cycle with clinical study. She involves all the students interactive by asking curious questions time to time.

The Session was concluded with vote of Thanks by Dr. Ruchita Jerath.

Outcome/Feedback

The events like expert lecture enhance the understanding of subject and improve the practical applicability in future. It enhances the skill and knowledge of students. All students participated very enthusiastically.

By this activity students got to understand the topic with more clarity. Students learnt many new techniques and methods of applicability of subject.



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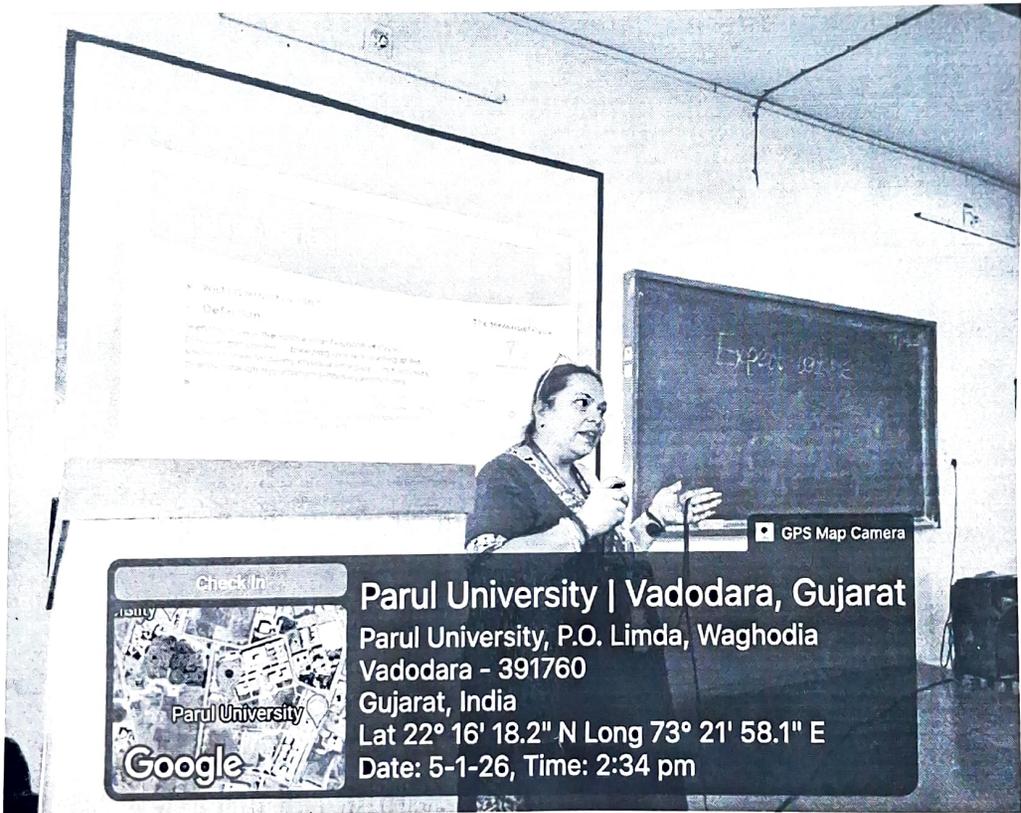
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AND RESEARCH**

**DEPARTMENT OF PHYSIOLOGY AND
BIOCHEMISTRY**

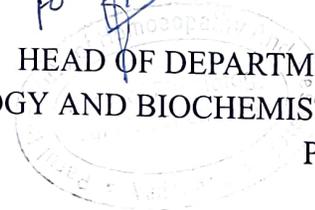
Date: - 5.01.2026

EXPERT LECTURE



For *[Signature]*

HEAD OF DEPARTMENT
DEPARTMENT OF PHYSIOLOGY AND BIOCHEMISTRY
PIHR



PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH

CLASS EXPERT LECTURE TOPIC - APPLIED MENSTRUAL Cycle DATE - 05.01.26

1ST BHMS BATCH 2024-25

Sr. No.	Enrollment No.	Name of Students	SIGNATURE
1	2404401020001	ANSARI NOORFATMA RAFIQUE AHAMED	Ab
2	2404401020002	BALADANIYA VIPULKUMAR JAGADISHBHAI	Ab
3	2404401020003	BALDANIYA KARTIK RAGHAVBHAI	Ab
4	2404401020004	BALDANIYA RUSHABKUMAR DINESHBHAI	Ab
5	2404401020005	BARIA ALPABEN SURESHBHAI	Ab
6	2404401020006	BARIA URVASHIBEN HIRABHAI	Ab
7	2404401020007	BARIYA DIVYABEN ASHOKBHAI	Ab
8	2404401020008	BARIYA DRASHTI UMESH	Ab
9	2404401020009	BARIYA UNNATIBEN MUKESHBHAI	Ab
10	2404401020010	BHABHOR GOVINDBHAI MANUBHAI	Ab
11	2404401020011	BHALGAMIYA JAINIL DHARMENDRABHAI	Ab
12	2404401020012	BHARANIYA YASHVI JIGNESH	Yashvi
13	2404401020013	BHARVAD GOPAL TEJABHAI	Tejesh
14	2404401020014	BHATT PARTH AVINASH	Ab
15	2404401020015	BHOI DHAVALKUMAR PRAVINBHAI	Ab
16	2404401020016	BHURAIYA VAISHNAVI YOGESHBHAI	Ab
17	2404401020017	BHUVI MASUM MUKESHBHAI	Ab
18	2404401020018	BOLIYA KARTIK RANCHHODBHAI	B.K.R
19	2404401020019	CHAUDHARI SMITKUMAR SURESHBHAI	Ab
20	2404401020020	CHAUDHARI STUTIBEN HIRENBHAI	Ab
21	2404401020021	CHAUHAN DHARMISHTHABEN JASUBHAI	Ab
22	2404401020022	DOBARIYA RITIKA KANTIBHAI	Ab
23	2404401020023	GAMIT ARPITA HARISHBHAI	Ab
24	2404401020024	GOSWAMI DAKSH CHETANGIRI	Ab
25	2404401020025	GUPTA PALLAVI RAMESHBHAI	Ab
26	2404401020026	JADEJA JINALBA PRAVINSINH	Ab
27	2404401020027	JADIYA FARHAN IBRAHIM	Ab
28	2404401020028	JOSHI HARD DIPAKKUMAR	Ab
29	2404401020029	KACHHADIYA PRIYANSI KALUBHAI	Ab
30	2404401020030	KADRI MOHAMMAD OVESH HAFEZ ALI	Ab
31	2404401020031	KAPADIYA SOHA FIROJKHAN	Ab
32	2404401020032	KATHALIYA HIRALBEN DINESHBHAI	Ab
33	2404401020033	KEVAL RAGNESHBHAI PATEL	Ab
34	2404401020034	KHATRI MUSKAN RAHILBHAI	Ab
35	2404401020035	KUNJAL PRATAP	Ab
36	2404401020036	LAD YASHVI JAYESHKUMAR	Ab
37	2404401020037	LAKHNOTRA ASMITABEN MANSURBHAI	Ab
38	2404401020038	LIMBAD HEMANGI BABUBHAI	Ab
39	2404401020039	LODHIYA UBAID AKHTARBHAI	Ab
40	2404401020040	MAKWANA KE FANKUMAR KHUMANBHAI	Ab
41	2404401020041	MAKWANA SWETA GIRISHBHAI	Ab
42	2404401020042	MALEK SUFIYAN NJRBHA	Ab
43	2404401020043	MALIK AZLAKI ZAKIAHMAD	Ab
44	2404401020044	MANSURI AYMAN MUSTAKIM	Ab
45	2404401020045	MER ABHISHEK JESINGBHAI	Ab
46	2404401020046	MOHAMMED FURQAN DANGIWALA	Ab
47	2404401020047	NANDITA PANDEY	Ab
48	2404401020048	NAYAK SAMYA SHABBIR	Ab

49	2404401020049	PAL NIMISHA RAMBAHADUR	<i>Nimish</i>
50	2404401020050	PALAKKUMARI DEVENDRAKUMAR VASAVA	<i>Ab</i>
51	2404401020051	PANCHAL TARUNKUMAR MUKESHBHAI	<i>Tarun</i>
52	2404401020052	PANDYA NENCYBEN DHARMENDRAKUMAR	<i>Nancy</i>
53	2404401020053	PARIKH VRUNDA MITESHKUMAR	<i>Parikh</i>
54	2404401020054	PARMAR CHAITANYA ARVINDBHAI	<i>Chaitanya</i>
55	2404401020055	PARMAR KHUSHI SUNILBHAI	<i>Khushi</i>
56	2404401020056	PARMAR NILESHVARIBEN BHOPATSINH	<i>Ab</i>
57	2404401020057	PARMAR RIGNESHKUMAR JASHVANTLAL	<i>Ab</i>
58	2404401020058	PARMAR SINA MIANISHBHAI	<i>Sina</i>
59	2404401020059	PATANVADIYA TJSHARBHAI CHANDUBHAI	<i>Tjshar</i>
60	2404401020060	PATEL DHANVI SATISHKUMAR	<i>Dhanvi</i>
61	2404401020061	PATEL DISHAKUMARI MEHULBHAI	<i>Dishak</i>
62	2404401020062	PATEL FAHAD SABBIRBHAI	<i>Ab</i>
63	2404401020063	PATEL HUMERABANU HANIF	<i>Humer</i>
64	2404401020064	PATEL KASHISH NALINBHAI	<i>Kashish</i>
65	2404401020065	PATEL KHUSHIKUMARI HARSHADBHAI	<i>Khushi</i>
66	2404401020066	PATEL KRISH GIRISHBHAI	<i>Krish</i>
67	2404401020067	PATEL MAITRI YOGESHBHAI	<i>Ab</i>
68	2404401020068	PATEL RIYA HARISHBHAI	<i>Riya</i>
69	2404401020069	PATEL SHIVAM JITENDRABHAI	<i>Shivam</i>
70	2404401020070	PATHAN FAIZANKHAN FIROZKHAN	<i>Ab</i>
71	2404401020071	PATHAN RIMSHAFATIMA PARVEZBHAI	<i>Ab</i>
72	2404401020072	PATHAN SANID DILIPKHAN	<i>Sanid</i>
73	2404401020073	PATNI VAISHNAVI JAYESHKUMAR	<i>Vaishvi</i>
74	2404401020074	PRANAMI HIMANI MAHESHKUMAR	<i>Ab</i>
75	2404401020075	PRATHANA JERAMBHAI BAMBHANIYA	<i>Ab</i>
76	2404401020076	PUROHIT RUSHIKUMAR KAPILKUMAR	<i>Rushi</i>
77	2404401020077	RAJPUT MAHAVIRSHINH SHERAJI	<i>Ab</i>
78	2404401020078	RATHOD NATASHABEN RUGHANATHSINH	<i>Natasha</i>
79	2404401020079	RATHVA MEHULKUMAR SEVJIBHAI	<i>Ab</i>
80	2404401020080	RETHDA MAHAMMEDFAIZ	<i>Ab</i>
81	2404401020081	ROHIT AESHA DINESH	<i>Ab</i>
82	2404401020082	SADHU DHRUVIL VIJAYBHAI	<i>Ab</i>
83	2404401020083	SADHU PRINCE SAMIRKUMAR	<i>Ab</i>
84	2404401020084	SAIYAD ZABIHABANU MAHEBUBALI	<i>Zabih</i>
85	2404401020085	SHAH KRISHNA PRITESHBHAI	<i>K.P. Shah</i>
86	2404401020086	SHAIKH MEHRIN MO. ANIS	<i>Ab</i>
87	2404401020087	SHAIKH MOHAMMADJISAN MOHAMMADSIRAJ	<i>Ab</i>
88	2404401020088	SINDHA JAYMINSINH ASHOKSINH	<i>Ab</i>
89	2404401020089	SOLANKI BHAVIKA JAGDISHBHAI	<i>Bhavika</i>
90	2404401020090	SOLANKI PURVIBEN KANUBHAI	<i>Ab</i>
91	2404401020091	SWATIBEN CHAUHAN	<i>Swati</i>
92	2404401020092	TASNEEM JHABUAWALA	<i>Tasneem</i>
93	2404401020093	VACHHANI DHRUVI ALPESHBHAI	<i>Ab</i>
94	2404401020094	VAGHELA UDAYKUMAR MAHENDRABHAI	<i>Uday</i>
95	2404401020095	VANZARA AKSHIT MEHULBHAI	<i>Ab</i>
96	2404401020096	VARIA ARPITA SUBHASHCHANDRA	<i>Ab</i>
97	2404401020097	VASAVA APEXABEN RAJKUMAR	<i>A.R. Vasava</i>
98	2404401020098	VASAVA HETALBEN SAMUDBHAI	<i>Hetal</i>
99	2404401020099	YADAV DHRUV JAGDISHKUMAR	<i>Ab</i>
100	2404401020100	YASHVI PATEL	<i>Yashvi</i>

